



Cheeky Monkeys OSC

Health & Hygiene Policy and Procedure

Cheeky Monkeys promotes a healthy lifestyle and a high standard of hygiene in its day to day work with children and adults. This is achieved in the following ways:

Health

Food

- Breakfast choices are chosen carefully to encourage a healthy lifestyle and children are encouraged to independently prepare their own.
- All snacks provided will be nutritious and pay due attention to children's particular dietary requirements including allergies.
- When cooking with children as an activity, the adults will provide healthy, wholesome food, promoting and extending the children's understanding of a healthy diet.
- Ensuring the children remain hydrated is important, therefore water and juices are always freely available. Fizzy drinks are not permitted.
- Special dietary requirements: parents are asked to disclose any allergies their children may have on their registration forms.
- All perishable foods are kept in a refrigerator which is checked daily (am) for correct temperature.

Cheeky Monkeys make every attempt to cater for the needs of pupils whether these are personal choices or medical requirements.

Hygiene

- To prevent the spread of all infection adults in the setting will ensure that the following good practices are observed:

Personal hygiene

- **Sanitise or wash hands when entering the setting.**
- Hands washed after using the toilet - staff and children.
- **Hand sanitiser available at all times.**
- Children are encouraged to shield their mouths when coughing. **(Catch it, Bin it, Kill it) Tissues and a bin with a lid (which is emptied and cleaned daily) are provided.**

- Paper towels are used and disposed of appropriately.

Cleaning and clearing

- Any spills of vomit or excrement wiped up and flushed away down the toilet. Blood spills to be disposed of within the ladies toilet bins. Latex gloves will always be used when cleaning up spills. Floors and other affected surfaces disinfected.
- All surfaces cleaned at the end of every session with an appropriate cleaner.
- Toys are cleaned at regular intervals.

Food

Cheeky Monkeys OSC will observe current legislation regarding food hygiene, registration and training. In particular, each adult will:

- Always wash hands under running water before handling food and after using the toilet.
- Never cough or sneeze over food.
- Aprons will be used when preparing snack and any food preparation.
- Use different cleaning cloths for wiping down of tables.
- Prepare raw and cooked food in separate areas and use separate cutting boards.
- Keep food covered and either refrigerated or piping hot.
- Ensure waste is disposed of properly and out of reach of the children.
- Wash fresh fruits and vegetables thoroughly before use.

Tea towels and aprons will be kept scrupulously clean and washed between each session.

All utensils will be kept clean and stored in a dust-free place.

Cracked or chipped china will not be used.

Rules as decreed by the Environmental Health will be observed.

Training will be provided in order to maintain food and hygiene standards to all staff.

This policy was adopted by: Cheeky Monkeys OSC	Date:6/1/22
To be reviewed: January 2023	Signed: L.Drover